

Job Capacity Account and Specialist Assessment delivered Australia-wide.

Work Solutions' Job Capacity Account services are designed to address the psycho-social and physical barriers to employment and are delivered Australia-wide.

Our programs are designed to assist individual's address their barriers to employment. Programs are delivered within a thirteen week period and typically cover six sessions.

Our psycho-social services are delivered by Psychologists, Social Workers or Rehabilitation Counsellors. All clinicians where required are trained in Cognitive Behaviour Therapy (CBT).

Physical services are delivered by Occupational Therapists, Physiotherapists or Exercise Physiologists. All clinicians where required are trained in Physical Work Performance Evaluation (PWPE).

We also offer specialist psychological and physical assessment services to assist Job Capacity Assessors to identify and clarify psychological or physical capacity.

Our psychological assessments consider IQ, clinical diagnosis and neuropsychological function. Our physical assessments consider posture, range of movement and ability to complete assessed functional activities in the workplace.

## Make a referral

Call **1300 851 031**

Online at [www.worksolutions.com.au](http://www.worksolutions.com.au)



## Job Capacity Account services

Our programs	Aim	Psycho-social	Physical
Anxiety (CBT)	Improve management of worry and anxiety related symptoms.	✓	
Balance	Address psycho-social barriers to work participation for parents.	✓	
Changing Focus	Goal setting, education and strategies utilising a task analysis approach to overcome workplace barriers.		✓
Counselling	Coping strategies to assist with a range of life stressors.	✓	
Depression (CBT)	Improve mood and address reasons for depression.	✓	
Life Skills (CBT)	Address multiple psycho-social and/or personal barriers.	✓	
Pain Management	Holistic approach to managing pain.	✓	✓
Work Conditioning	Improve physical capacity for work.		✓

## Specialist Assessment

IQ	Assess capacity for daily functioning, education and learning history, ability to adapt to new situations, learn new skills and information.	✓	
Neuropsychological	Assess functions or abilities controlled by brain systems including capacity for learning, memory, attention, concentration and speed of thinking.	✓	
Clinical/Diagnostic	Clarify what (if any) psychological conditions may be impacting upon ability to function day to day - including clinical or psychiatric conditions such as depression, anxiety and schizophrenia.	✓	
ErgoScience PWPE (short)	Assess functional musculoskeletal tolerance for up to five selected work demands. Includes posture, range of movement, ability to complete functional activities in the workplace, barriers and interventions.		✓
ErgoScience PWPE (long)	Assess capacity for participation in multiple (up to 21) work demands across an eight hour work day, including assessment of self-limiting behaviour and self efficacy from task performance.		✓
Musculoskeletal Assessment	Assessment of range of movement, strength, flexibility, dexterity and coordination pertaining to a specific documented condition and directly related to impairment table requirements.		✓



## Job Capacity Account and Specialist Assessment services

### Not sure which service will meet your client's need?

Consider the following suggested programs and assessments which may meet your needs under the following intervention codes:

Intervention code	Item (description)	Example	Work Solutions' program
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#### Employment (Vocational) interventions

V51	Vocational rehabilitation	Need for assistance to address and manage disability/injury in a range of areas which may include vocational assessment, counselling, job search skills, job search assistance, workplace assessment, etc.	Changing Focus
V55	Workplace assessment	Job re-design, workplace modifications	Changing Focus
V62	Workplace modifications		Changing Focus

#### Medical Interventions

M51	Further diagnostic/medical investigation		Physical Specialist Assessment Psychological Specialist Assessment
M55	Pain management program		Pain Management

#### Psychological Interventions

P51	Personal counselling	Includes relationships, family issues, rape/sexual abuse, grief etc.	Counselling, CBT Intervention
P52	Further psychological assessment	e.g. neuropsychological assessment	Psychological Specialist Assessment
P53	Torture/trauma counselling		Counselling, CBT Intervention
P55	Psychological counselling		Counselling, CBT Intervention
P56	Cognitive Behaviour Therapy		CBT based Program (Anxiety/Depression/Life Skills)



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### Health related interventions

H52	Fitness	Assess/improve physical fitness/endurance	Work Conditioning
H53	Weight management/ dietary counselling		Work Conditioning
H55	Functional assessment		Physical Specialist Assessment
H56	Back education		Pain Management
H57	Injury management	Includes living within tolerance limits, correct posture/lifting techniques, pain management	Changing Focus
H59	Disability adjustment counselling		Counselling
H60	Substance abuse assistance/ counselling		Counselling
H61	Anxiety management		Anxiety (CBT)

### Personal Interventions

U56	Child care assistance	Needs assistance to arrange suitable child care	Balance
U57	Parenting program		Balance
U58	Anger management/ conflict resolution		Counselling
U59	Stress management		Counselling
U60	Behaviour management	Including behaviour modification	CBT
U61	Self improvement/ personal development	Including self confidence, assertiveness, motivation, time management and memory/ concentration skills training, increasing community access skills	Life Skills or Balance (for parents).

